

# Heart Health Now!

The North Carolina Cooperative for AHRQ's

EvidenceNOW

Advancing Heart Health in Primary Care



UNC

THE CECIL G. SHEPS CENTER  
FOR HEALTH SERVICES RESEARCH



Community Care  
of North Carolina

Funded by the Agency for Healthcare Research and Quality (AHRQ) in the U.S.  
Department of Health & Human Services

# Today's Program

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- CMS Quality Payment Program and Heart Health NOW (MACRA and MIPS)
  - Darren DeWalt, MD
  - UNC Internal Medicine
  
- Improving control of blood pressure
  - Sondra Wolf, MD
  - Mountain Docs
  - Franklin, NC



## First, let's get used to the chat

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- Tell us what practice you are from and how many people are watching the webinar with you
- E.g., Mountain Docs, 1 MD, 1 manager, 1 MA

# Use the Chat

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- Ask questions
- Make comments about your own experience
- Super valuable: share something that you figured out in your practice. What works?

# MACRA and MIPS

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- Medicare Access and CHIP Reauthorization Act of 2015
  - Repealed the sustainable growth rate formula
  - Established the Quality Payment Program
- Quality Payment Program has 2 parts:
  - Merit-based Incentive Payment System
  - Advanced Alternative Payment Models

# Question 1

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- Is your practice participating in?
  - Merit-based Incentive Payment System (MIPS)
  - Advanced Alternative Payment Model
  - I don't know

## Question 2

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- If you are participating in MIPS, have you selected your measures?
  - Yes
  - No
  - I don't know

## Question 3

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- If you are participating in MIPS, do you know what improvement activities you will claim credit for?
  - Yes
  - No
  - I don't know



# MACRA is the law

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- Passed in the senate 92-8
- Passed in the house 392-37
  
- Repeal of the ACA doesn't mean MACRA will be repealed

# Quality Payment Program has 2 Tracks

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## Merit-based Incentive Payment Program (MIPS)

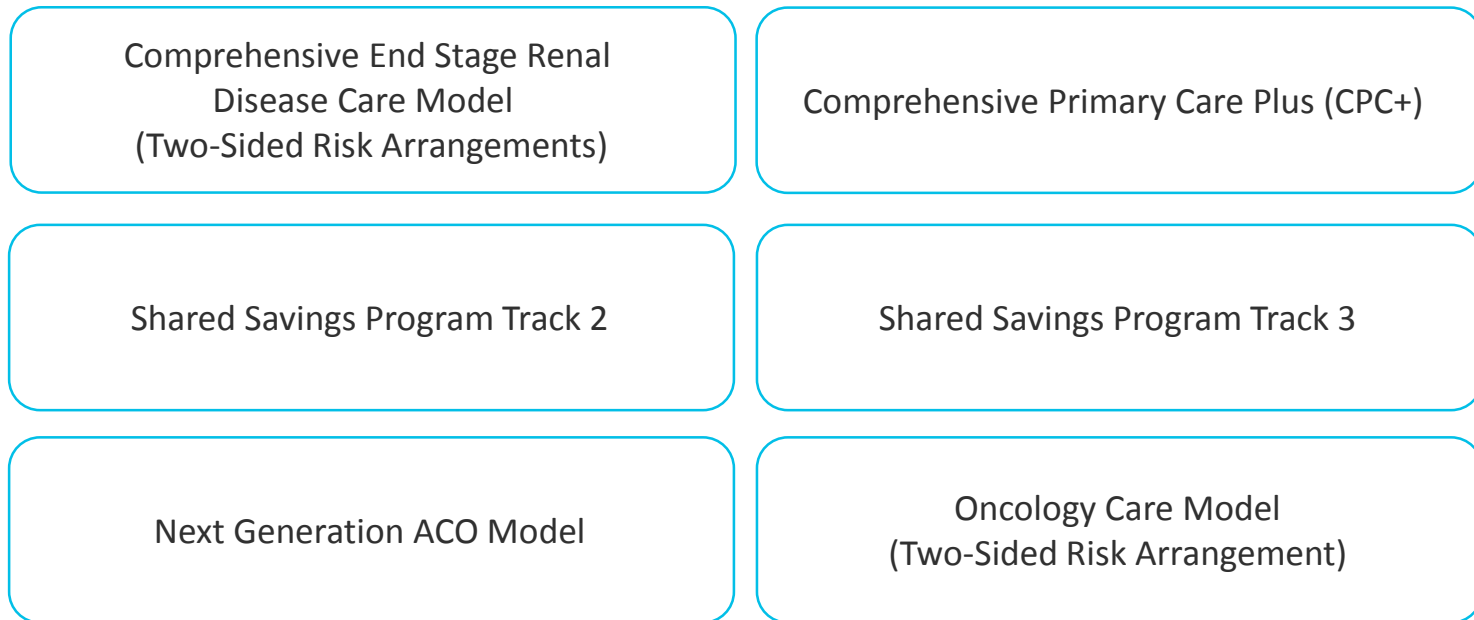
- Pay for performance
- Based on your score, your FFS payment will be adjusted upward or downward (4%-9%)

## Advanced Alternative Payment Models (aAPM)

- Incentives from aAPM related to shared savings/risk
- 5% lump sum bonus for participation

# Advanced APMs in 2017

For the **2017 performance year**, the following models are Advanced APMs:



The list of Advanced APMs is posted at [QPP.CMS.GOV](http://QPP.CMS.GOV) and will be updated with new announcements on an ad hoc basis.

# Most Providers will be in MIPS

Participate as Individual or in Group

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- MIPS is on a point system
- 4 categories of points

Quality

Cost

Improvement  
Activities

Advancing  
Care  
Information

# Most Providers will be in MIPS

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- MIPS is on a point system
- 4 categories of points

Quality

Cost

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60%

0%

15%

25%

Percentages for 2017

# Choose your MIPS pace in 2017

<u>Test</u>	<u>Partial Year</u>	<u>Full Year</u>
Submit some data	Report for one 90-day period after 1/1/17	Fully participate starting 1/1/2017
Neutral or small payment adjustment	Small positive payment adjustment	Modest positive payment adjustment
One quality measure, or one improvement activity	Must report >1 quality measure, >1 improvement activity or >5 required ACI measures to be eligible for positive adjustment	<u>At least, meet the following criteria:</u> <ul style="list-style-type: none"><li>- 6 Quality Measures</li><li>- 4 medium weighted or 2 high-weighted improvement activities</li><li>- 5 advancing care information measures</li></ul>

# Choosing Quality Measures

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- Select 6 out of 271 measures
- [exception: groups >25 using the CMS web interface—they have to do more quality measures]

# Quality Metrics directly related to HHN

MEASURE NAME	NQF	QUALITY ID	MEASURE TYPE	HIGH PRIORITY MEASURE
Controlling High Blood Pressure	18	236	Intermediate Outcome	Yes
Hypertension: Improvement in Blood Pressure	N/A	373	Intermediate Outcome	Yes
Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Documented	N/A	317	Process	No
Coronary Artery Disease (CAD): Antiplatelet Therapy	67	6	Process	No
Ischemic Vascular Disease (IVD): Use of Aspirin or Another Antiplatelet	68	204	Process	No
Preventive Care and Screening: Tobacco Use: Screening and Cessation Intervention	28	226	Process	No
Tobacco Use and Help with Quitting Among Adolescents	N/A	402	Process	No
Statin Therapy for the Prevention and Treatment of Cardiovascular Disease	N/A	438	Process	No
Ischemic Vascular Disease (IVD) All or None Outcome Measure (Optimal Control)	N/A	441	Intermediate Outcome	Yes



# Improvement Activities

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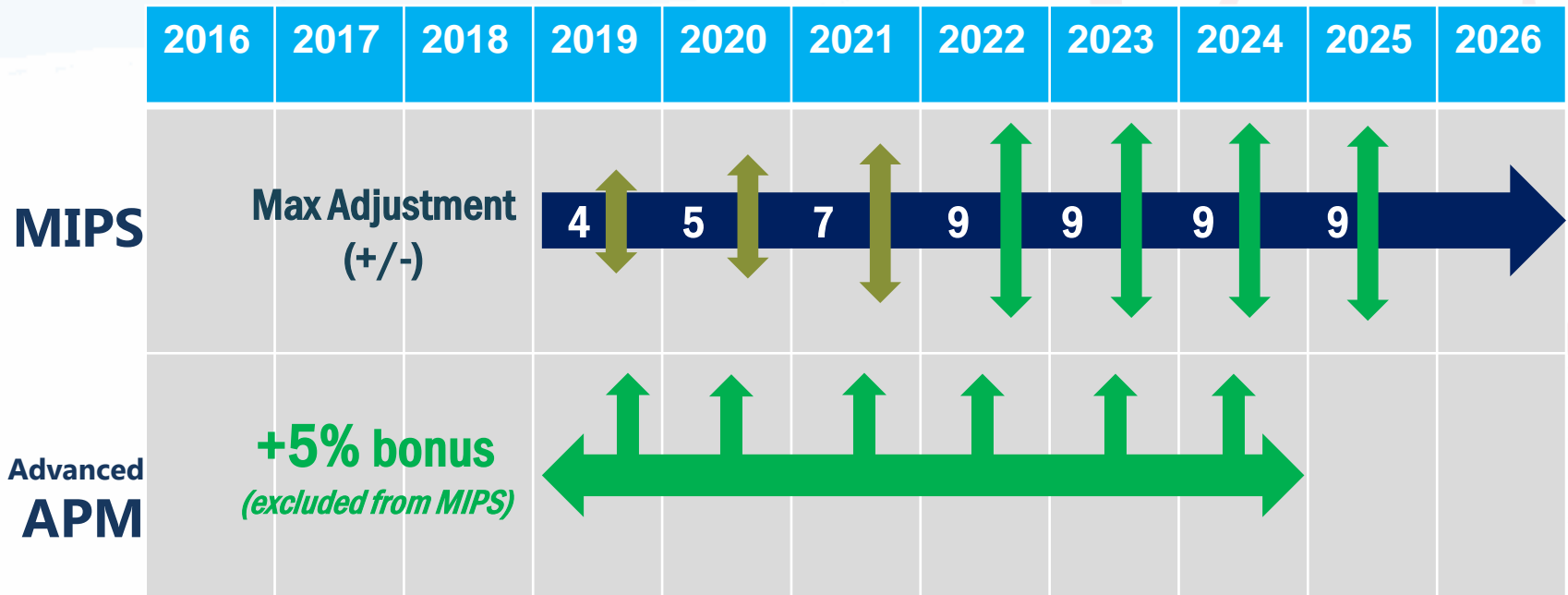
- Groups with fewer than 15 participants or rural or health professional shortage area, attest to 2 activities for a minimum of 90 days
- Groups  $\geq 15$  participants, attest that you completed 4 improvement activities for a minimum of 90 days
- If you are a certified PCMH, you automatically get full credit

## Question 4

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- Is your practice a certified Patient-Centered Medical Home (PCMH)?
  - Yes
  - No
  - I don't know

# Quality Payment Program timeline



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**What questions do you have?**

# Conversation with Dr. Sondra Wolf

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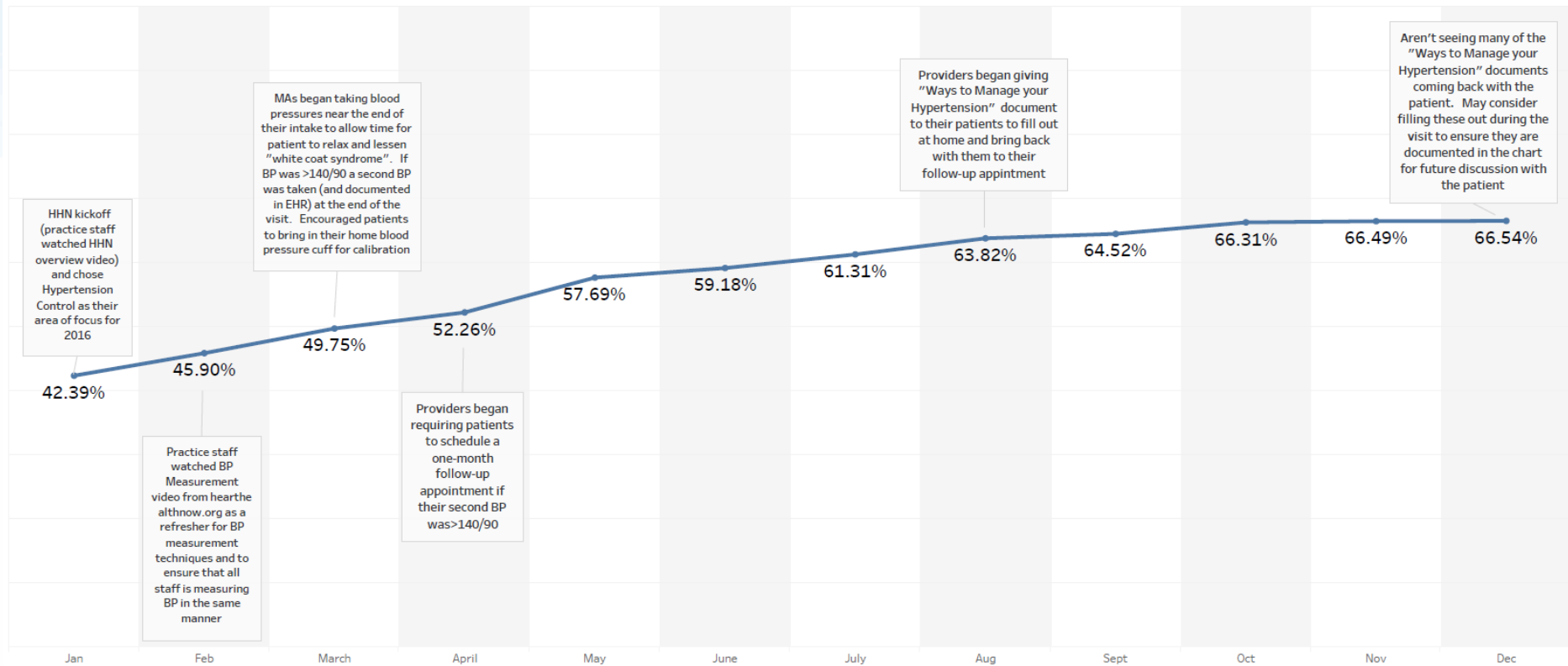
- How did you choose to work on blood pressure control?
- What are the strategies your practice has tried?
- What works?
- How do you discuss this with your patients?



# Mountain Docs controlling Blood Pressure

## Controlling High Blood Pressure:

Mountain Docs



# What webinar topics would help you succeed?

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- Enter your topic ideas in the chat.

## Question 5

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- Which topics would be most likely to help you succeed with your improvement activities? (select all that apply)
  - Discussing ASCVD risk with patients
  - Using data for improvement
  - Update on research about BP treatment and targets
  - How to help patients quit smoking
  - Ambulatory blood pressure monitoring
  - Ideas on what works in the practice to get high performance



# Coming up with Heart Health Now

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- Next webinar: February 22, 2017
  - Michael Pignone, MD on the Risk Score and Decision Making
- For more help on MIPS:
  - Community Care of NC Practice Transformation Network
    - Contact Lynne Taylor (ltaylor@n3cn.org) or go to <http://ccnc.care/ptn>
  - Local AHEC office may also be able to provide MIPS help, ask your HHN coach